# **Consumer insights:**

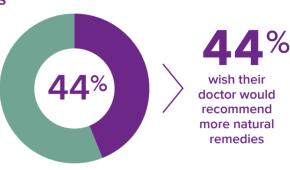
# Practitioner Channel purchasing and influence

Our recently updated proprietary market research, conducted with the Natural Marketing Institute (NMI)<sup>1</sup>, questioned 2,000 U.S. consumers on their supplement use and preferences. Here we present a snapshot of the latest findings.

<sup>1</sup>Natural Marketing Institute. Lonza SORD report, 2018.

### **Purchasing habits**

Almost half of current dietary supplement users, who do not purchase supplements from healthcare providers, wish they could.





### Practitioner opportunity

Almost all of supplement users (90%) look to doctors for supplement advice, however, only 5% of those same consumers are purchasing their vitamins and dietary supplements through the practitioner channel.

#### Consumer health concerns

Key health concerns\* for consumers are:

90%

Heart health 82% Joint

health

78% Digestive

health

Immune health

performance

70%

Cognitive

health

**55**% Sleep.

Sleep, stress and anxiety 38% Beauty from

within / skin

condition

\*Dietary supplement users that are managing conditions.

Summary: The practitioner channel presents significant opportunities, with a growing consumer need for dietary supplement products that address key health concerns. Contact us to find out how to meet these needs with high quality, science backed supplement solutions.

## Supplement usage

% of current dietary supplement users, attribute their increased usage over the past 5 years to the following:

I have more concern for my health

44%

My needs are changing and I need more supplements to meet them

36%

I have new health issues I want to manage **32**%

My healthcare provider/doctor recommended that I take them

24%

I am more confident of their quality

21%

I'm finding more effective solutions

20%

I am more confident of their safety

16%

My supplements are easier to take

13%

#### Contact us at UC-II@lonza.com for more insights, or visit UC-II.com or capsugel.com

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