### Lonza

# Joint Health Innovations for the Action Era

December 2018







#### **Consumer Health & Nutrition**



Global Leader across Health, Nutrition, Pet, Food & Beverage Industries

We are a Swiss based company and leading supplier to the Pharmaceutical, Biotech & Specialty Ingredient Markets with over **\$5 Billion** in sales in 2017

#### BY THE NUMBERS



15 production sites in 10 countries

(9 capsule sites and 6 ingredients sites)



More than 70 billion capsules produced annually



Partner with more than 5,000 customers around the world



More than **30 product offerings** 



Ingredients: over 50 patent families



Capsules and Dosage forms: over 50 patent families



More than 100 successful regulatory audits

### A Vision and a Mission to Help You Succeed



Science-backed Specialty Ingredients and Cutting Edge Delivery Systems

# We create unique, innovative and consumer preferred solutions for Consumer Health and Nutrition companies.

Ingredients backed by clinical research to support claims

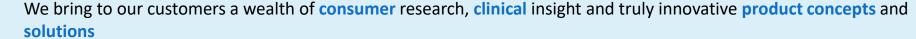
Extensive formulation know-how and leading capsule and encapsulation technologies

Global manufacturing and processing capabilities



To help our customers improve bioavailability, targeted delivery, taste-odor masking, and swallowability

While also enabling **combination** products, providing visually **appealing dosage forms** and meeting the expectations of the **clean label** consumer.



We have an unparalleled team of **business development** professionals, dedicated **customer service**, and industry leading **quality**, **technical service** and **regulatory expertise**.







# **Agenda**



#### Generations and Health

- Pioneering generation
- Trends and Influential factors

### Game-Changing Innovation

- Genetic testing and identity technology
- 3D printing and personalized nutrition

#### The Action Era

- Getting in shape is more of a priority than ever
- Millennials are busier than ever
- Fitness is changing

### Mobility Innovations

- Evolving wearable tech
- Advances in digital health

#### Joint Health Market

- Major Trends and Change Factors
- Joint Health Consumer Perspective
  - NMI research
- UC-II® Undenatured Type II Collagen
  - Innovation that performs
  - Proposed mechanism of action
  - Performance in the market
  - Dosage delivery technology

### Introduction



The Pioneering Generation

- Today's "natural lifestyle movement" has its roots planted by a still thriving generation, the Baby boomers (age 54 -72).
- Baby boomers' who started their own dietary supplement companies, seeded and cultivated an industry that led to the landmark passage of 1994's DSHEA.



### **Generations and Health**



 Generation X and Millennials have now joined the industry – as part of the business or as consumers

Consumers are now used to a growing array of products geared to preserve health, all available to them through a tap, swipe or click



### **Generations and Health**



- Boomers are far older than their Millennial counterparts (18-34 year-olds).
- The size of the two generations' populations are almost equal, at about 75 million each.



Nielsen, 2017.



**Trends and Influential Factors** 

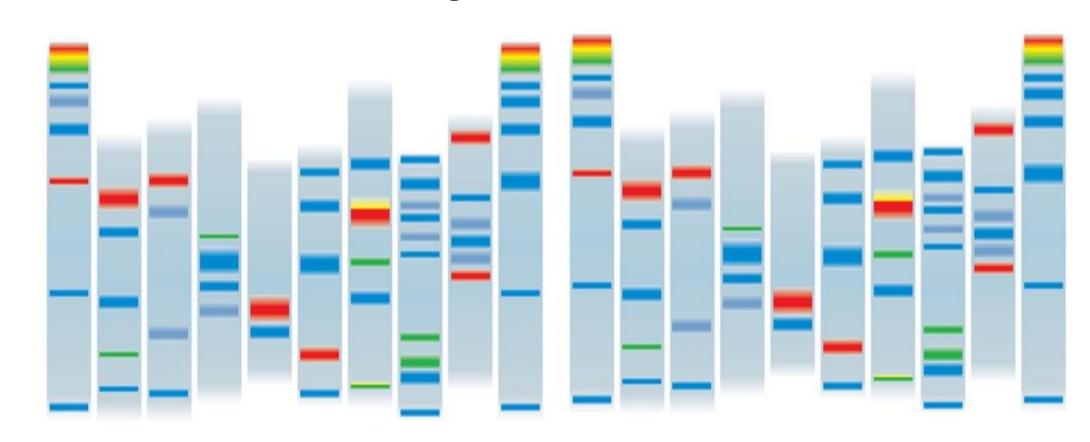
- Innovation in ingredients are needed.
- However, innovation in the industry is not solely in the realm of ingredients.





**Genetic Testing and Identity Technology** 

### **DNA Testing & Personalized Nutrition**





Genetic Testing and Identity Technology



Segterra's GoalGetter, mail-in saliva sample, which reveal one's total health profile.



Capsules that analyze the state of one's microbiome and how nutrition intake and habits affect it.



PureGenomics® – website app identifies common genetic variations that are clinically relevant.

**Genetic Testing and Identity Technology Expands** 



3D Printing – Impact on Personalized Nutrition and Supplement Industry

- 3-D printing creates a "printed" three-dimensional image of an object, including dietary supplements.
- Soon you might see a completely personalized supplement pack that is designed and 3-D printed exclusively for each individual.





### The Action Era | Trends and Change Factors



- Evidenced by the increasing number of dietary supplements, healthier-for-you foods / beverages, and new fitness centers.
- International Health, Racquet & Sportsclub Association – were 38,477 health clubs in the U.S. in 2016 – that's up 26% from 2012.

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### The Action Era

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Getting in Shape is a Top Priority

### Millennials are Busier Than Ever

Now in their early 40s, many Millennials are still growing their families and driving trends in keeping fit between fulfilling numerous obligations and responsibilities.



### The Action Era

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Getting in Shape is a Top Priority



### **Growing fitness trends**

- Peloton fuses exercise with a social interaction of a trainer in your own home space.
- **Technogym: 77% of millennials** say they would like their workout to be **interactive** and **fun...** 
  - High-intensity interval training (HIIT)
  - Group training is appealing to those who like being motivated and for the social element.

And 65% say important to track & monitor their progress.

### The Action Era

Lonza

Getting in Shape is a Top Priority

- According to a ACSM survey, yoga is now more of "a thing" once again.
- Baby boomers, are enjoying group fitness, says SilverSneakers—the leading adult fitness program available for free for those over 65.

ACSM's report also shows a growing market of older adults who are now retiring healthier than other generations.



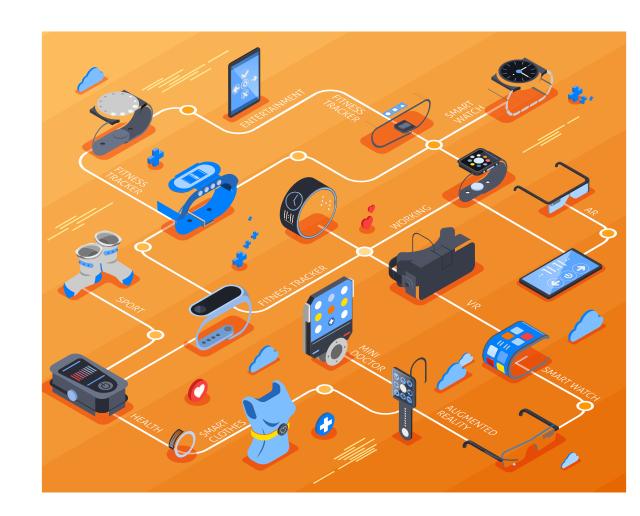
### **Mobility Innovation**

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**Evolving Wearable Tech** 

Wearable technology now includes activity trackers, smart watches, heart rate monitors, GPS tracking devices....

Trending now are smart glasses, with a predicted \$1.5 billion in sales.



### **Mobility Innovation**



Advances in Digital Health



- The 2018 Consumer Electronics Show (CES)
  featured advances in digital health the industry
  is estimated at about \$200 billion annually.
- Other companies showcased virtual and augmented reality, adapted to rehabilitation and pain management.
- InteraXon showcased its Muse headband which uses "neurofeedback" to improve exercise and athletic performance.

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### **Mobility Innovation**



Compression wear and Kinesio Taping

- Compression wear and Kinesio Taping<sup>®</sup> Method are also gaining strongholds in mobility enhancement.
- Kinesio® Tex Tape helps facilitate the body's natural healing process while providing support and stability.
- It's wearable for several days and is said to successfully manage a variety of orthopedic, neuromuscular, neurological and other medical conditions.





### Joint Health Market | Major Trends and Change Factors

### **Maintaining Mobility**

Older adults want to be independent, strong and active.

Maintaining mobility with age.



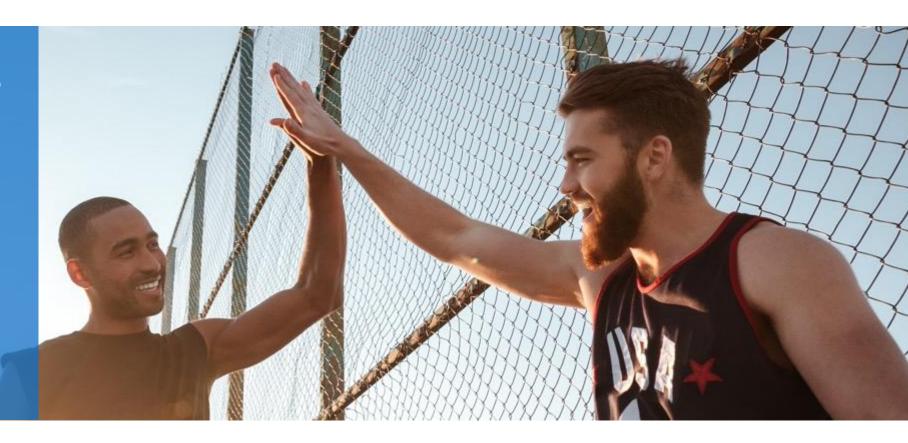
- In the last five years, the percent of older adults who take condition-specific supplements has grown by
   53% in Boomers and 25% in Matures.
- Consumers want easy-to-consume delivery formats.
- Older consumers need easy-to-swallow products.



### Joint Health Market | Major Trends and Change Factors

# Millennials, Athletes, Active Adults

Customers are clamoring for **new** and **different** ways to take **supplements**.



- The demand brings younger consumers into the category Products like gummies get
   Millennials to buy.
- Formulations like **shakes** and **drinks** are important to athletes, who want to be able to crank at the gym for hours.



# Joint Health Market | Innovation and Trends

**Now More Than Ever** 

Unique (non-generic) ingredients pave the way to Innovation.



- For the mobility space, UC-II® undenatured type II collagen represents an innovation in collagen-based ingredients.
- Not only for supplements but also for foods and beverages – producing results with as little as 40 mg daily.



# Joint Health The Consumer Perspective

Presented by:

**Diane Ray VP Strategic Innovation Natural Marketing Institute - NMI**October 2018



# NMI Provides Unparalleled Global Expertise in Health & Sustainability

- Since 1990 NMI has researched health and sustainability on a global basis, examining the intersection of these two dynamic market drivers.
- Our work explores the changes in consumer attitudes and behaviors across diet, nutrition, and health, perspectives on corporations and social and environmental issues and B2B considerations such as market sizing and portfolio development.
- This extensive knowledge is the basis of all NMI consulting, innovation, and business development.





# Consultative Insight and Services Fueled by a Wealth of Global Data

Consulting & Custom Research
Since 1990

- Market Assessment and Industry/Sector Sizing
- Brand Strategy/Positioning/Expansion
- Concept Development/Validation
- Innovation, Ideation and Prioritization
- Target Identification & Strategies, B2B Initiatives
- Full Qualitative and Quantitative Research Services

**Trended Data Since 1999 Custom Data Analysis Subscriptions Published Reports Custom Segmentations** 



# Joint Health Consumer & Market Insights





### **Anyone Can Develop Osteoarthritis**



Osteoarthritis is most common among adults over 65 years old

Prevalence rises significantly after age 50 in men and after age 40 in women.

**70%** of people **over the age of 70,** have **x-ray evidence** of **osteoarthritis.** 

The **tidal wave of Boomers** <u>will increase the</u> <u>prevalence.</u>



### Cost of U.S. Medical Care Remain a Top Concern

### *Influential* Factors

- A recent health survey found that health care costs remain the top concern for consumers - 43% said reducing out-of-pocket expenses is most important.
- As a result of rising health care costs, in 2015, 27% of Americans asked their doctor or pharmacist about less expensive alternatives to prescriptions.



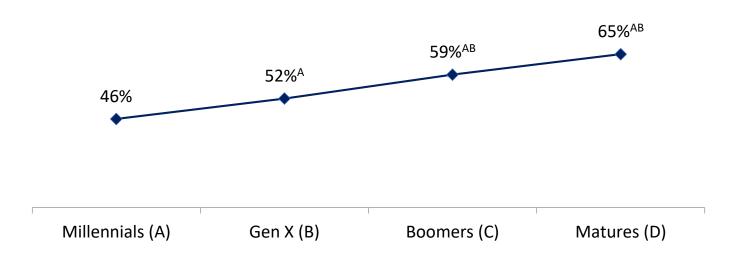


#### Cost of U.S. Medical Care for Osteoarthritis

Medical care for osteoarthritis in the United States costs \$185.5 billion a year.

#### **Maintaining joint health is a major concern for many Americans:**

- > 53% of the GP is concerned about maintaining their joint health
- > 32% of the GP is self-managing

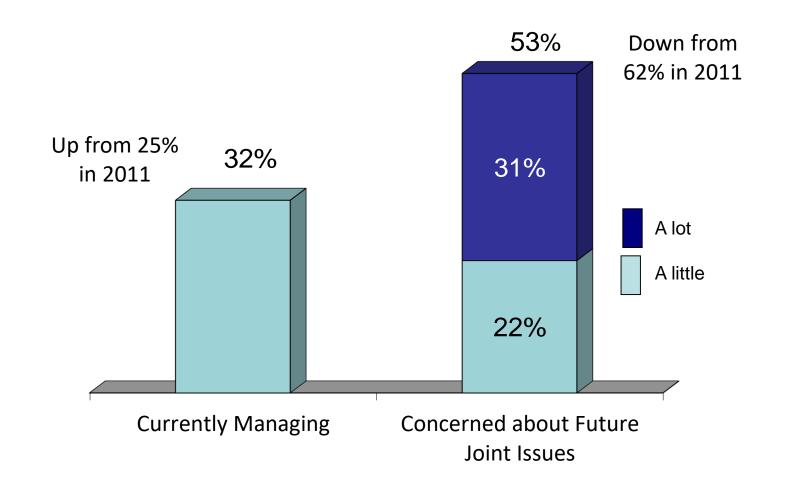




Women across all generations are more concerned than are men.

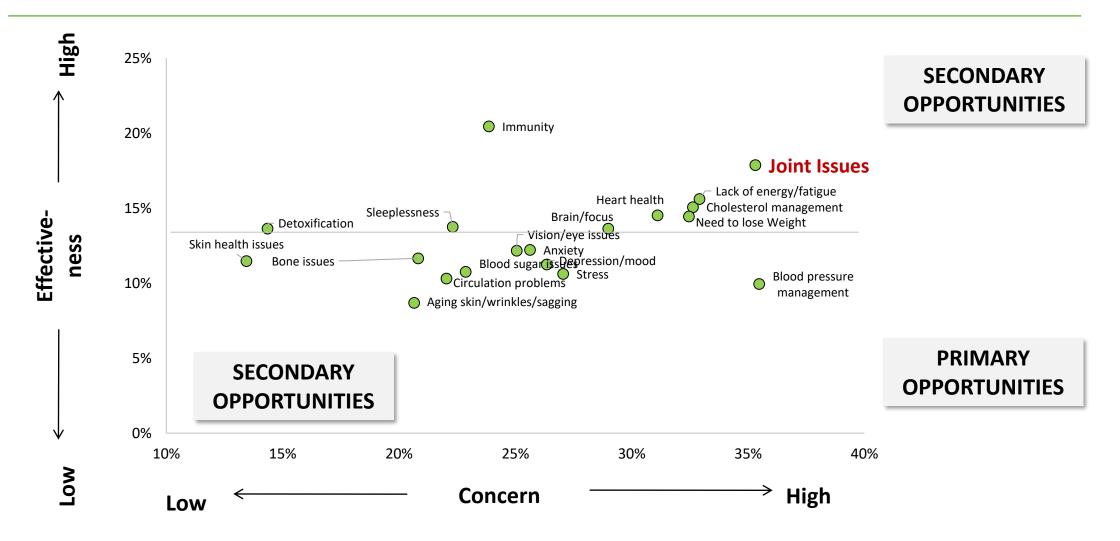


### **Management of Joint Health**





# Joint Health Market Shows a High Need with High Perceived Effectiveness; Differentiation is Key





# **Top Conditions Managing with Top Three Supplements Used**

Multivitamin/mineral (75% use)		Vitamin D (38% use)		Calcium (30% use)	
General overall health	84%	General overall health	56%	Bone health	55%
Lack of energy/fatigue	11%	Bone health	23%	General overall health	36%
Need to boost immunity	10%	Lack of energy/fatigue	12%	Joint health	23%
Heart health	7%	Joint health	10%	Loss of muscle	8%
Brain health	7%	Need to boost immunity	9%	Need to boost immunity	5%
Joint health	6%	Heart health	7%	Digestive health	5%

% Based on users of the specific supplement



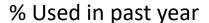
# Perceived Effectiveness of Available Supplements for Joint Health Management

% Supplement Users who feel currently available supplements are very/somewhat effective in managing the following health issues

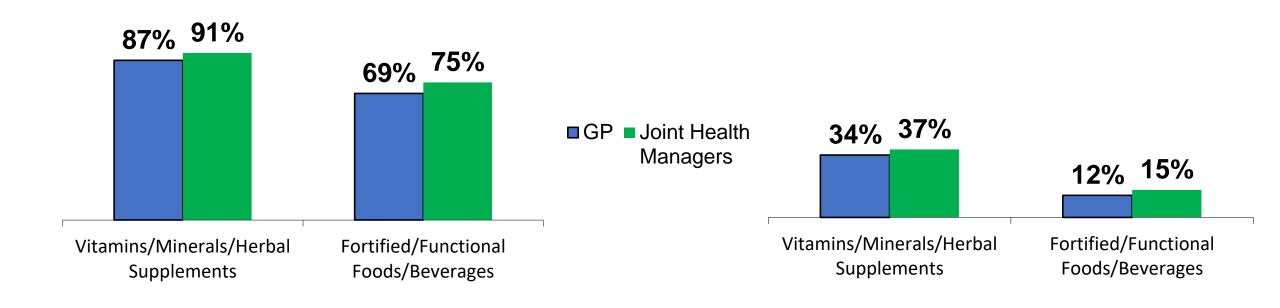




# Increases in Usage of Vitamins/Minerals/Herbal Supplements and Fortified/Functional Foods/Beverages

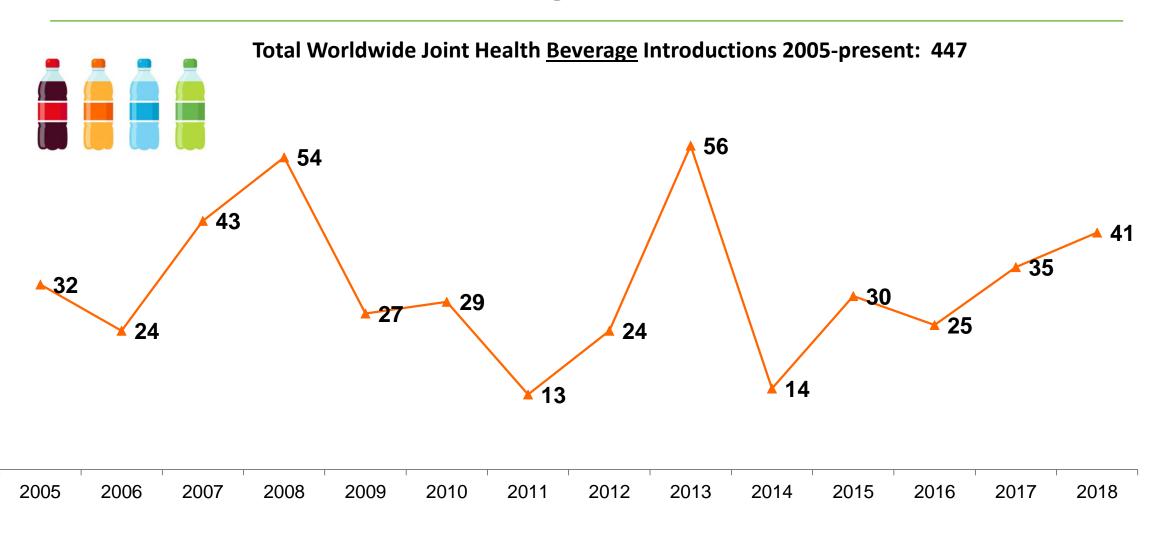


% Increased use in past year



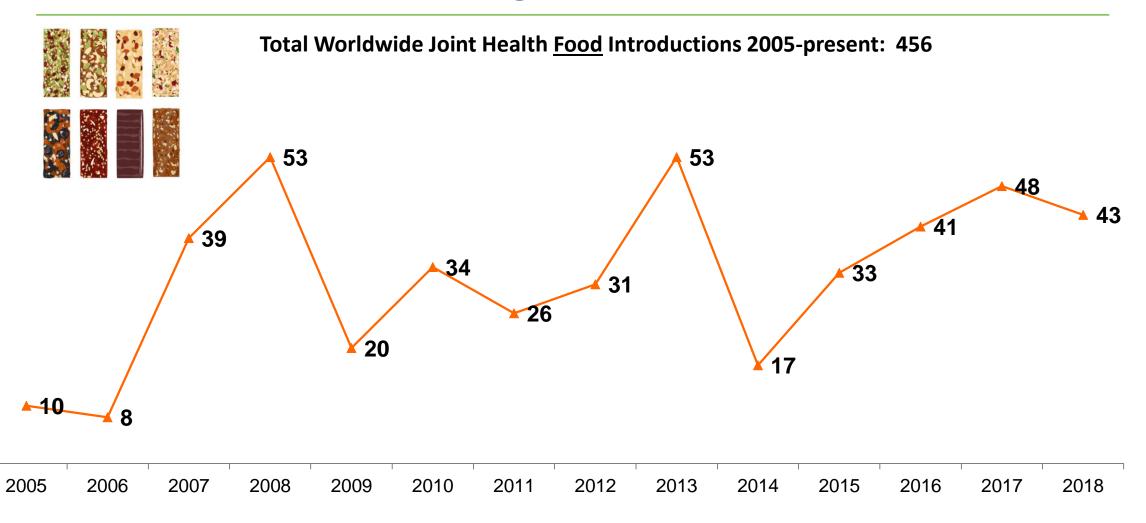


# Beverages Launched Worldwide With Claim of Promoting Joint Health





# Foods Launched Worldwide With Claim of Promoting Joint Health

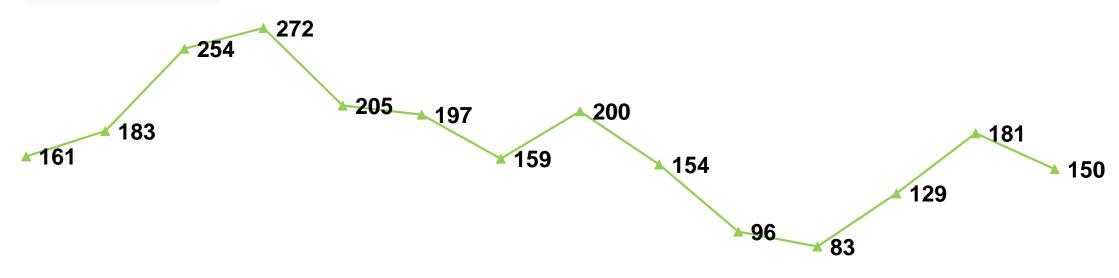




# Supplements Launched Worldwide With Claim of Promoting Joint Health



**Total Worldwide Joint Health Supplement Introductions 2005-present: 2424** 



2005 2006 2007 2008 2009 2010 2011 2012 2013 2014 2015 2016 2017 2018



# **Opportunities for Joint Health ....**

- ✓ Consumers are wanting to stay active as long as possible
- ✓ Consumers are open to nutritional solutions/aids in keeping joints healthy
- ✓ New Science can increase participation and strengthen believability
- **✓** Opportunities in single/combination ingredients
- **✓** Opportunities in functional ingredients in many delivery forms



### **Innovation that Performs**

**Breaking Barriers** 

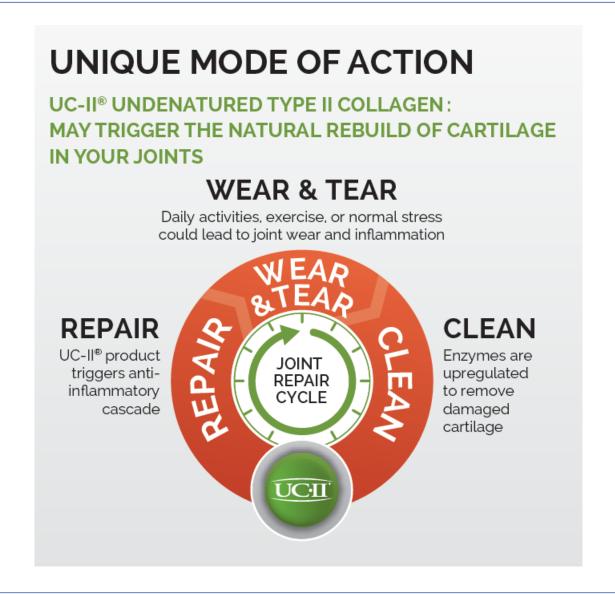




- UC-II® research has shown benefits compared to glucosamine + chondroitin
- Studied in healthy, active adults
- Unique mechanism of action
- **Small**, once-a-day

### **Proposed Mechanism of Action**





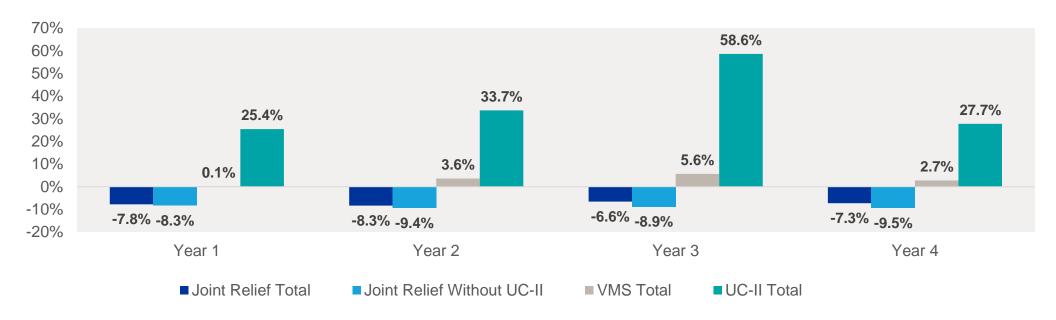
### **UC-II®** Undenatured Type II Collagen

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New Breakthrough UC-II<sup>®</sup> Ingredient Revived the Sluggish US Joint Health Market

### UC-II® brand is a major success in the US Markets

#### **Annual Growth Rates**



New Products with UC-II<sup>®</sup>
have outpaced category
growth and helped stem
declines in Joint Relief

- Without UC-II® products, the Joint Relief category would be down -9.5% driven by G/C
- Growth rates seen only with items like probiotics and fish oil.

Nielsen xAOC 52 Wks Ended 6/25/17

### **Dosage and Delivery Solution Forms**

Improving the Function and Form for Differentiated Products



#### **Advanced Solutions to Address Customer and Consumer Needs**

**Modified &** 

#### Product Performance

### Targeted Release

#### Consumer Experience

- Fast absorption (speed)
- Enhanced bioavailability (efficacy)
- Product stability shelf life
- Multi-function for combo products

- Extended release
- Protection for acid-sensitive ingredients
- Dual release for combo products

- Taste / odor-masking
- Reflux reduction
- Easy to swallow
- Clean Label: vegetarian, non-GMO, organic
- Unique appearance

#### **Product Solutions**

**Capsule Solutions** 

#### **Liquid Fill Hard Capsules**























Cap-in-Cap Acid Protection

Gelatin Vegetarian Acid Protection

Gelcaps

Sprinkle Caps

**Lipid Multi-Particulates** 

LMP in Capsule LMP in Bulk Powder

### Joint Health Innovation for the Action Era



- Most adults of all ages know that engaging in healthy habits will allow them to remain healthy and active
- Innovation is happening on a vast scale from personalized nutrition to how we exercise
- The action era is upon us, which is centered on maintaining and improving mobility, and this is the goal desired by several large population groups
- From wearable technology to ingredient research, there is a lot occurring in technology for mobility and fitness enhancement
- New delivery forms can help you develop UC-II<sup>®</sup> jointhealth solutions among your target market



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### Thank you!





# DO YOU HAVE QUESTIONS?

For more information, please contact
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or visit www.UC-II.com

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